



MARRIOTT INTERNATIONAL LUXURY BRANDS | JW MARRIOTT MARCO ISLAND | WELLNESS ACTIVITIES AND AMENITIES



BY JW  
MARCO ISLAND

# VISION

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## WELLNESS CONCEPTS

*This is a place to recover... to recover from the stresses of work and life, from the hustle and bustle of a busy schedule, and from the internal and external struggles that take their toll on your wellbeing.*

*While the beach and natural environment of southwest Florida absolutely do their part, sometimes more is needed. So many of our groups have attendees that work so very hard, and while they are here with us in paradise we hope to give them something more than great memories and relaxation, we hope to instill them with some of the skills that they can use in their lives back in the real world.*

*Yoga practices that can strengthen their bodies, meditation classes that can calm their minds, and cooking classes that nourish their bodies.*



# ABOUT

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## SPA BY JW

*SPA BY JW, a different type of spa... one that considers the end of the experience just as much as the beginning.*

*How do you want to feel when your treatment is over? Spas should be results driven, so our spa is completely designed around four primary outcomes.*

### **Calm • Renew • Indulge • Invigorate**

*Working within these four benefits, we incorporate treatment styles to help you achieve these goals.*

*Our spa facility boasts over 25,000 square feet of lounges, pools, retail, fitness and treatment space that are designed to specifically create respite from life.*

*As beautiful as our resort and spa are, a spa is only as good as the people that are part of it. Our team of massage therapists and skin care experts are some of the best in the world, and our guest satisfaction results prove it.*



# VENUE

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## JW MARRIOTT MARCO ISLAND BEACH RESORT

*Situated on the shores of the Gulf of Mexico, along three miles of pristine private beach, JW Marriott Marco Island Beach Resort offers the perfect balance of luxury and tranquility.*

*Drawing inspiration from the Balinese culture and its emphasis on the beauty of nature, a recent multimillion dollar transformation has made our resort even more extraordinary.*

*Discover Paradise Redefined.*



# SPA TREATMENTS

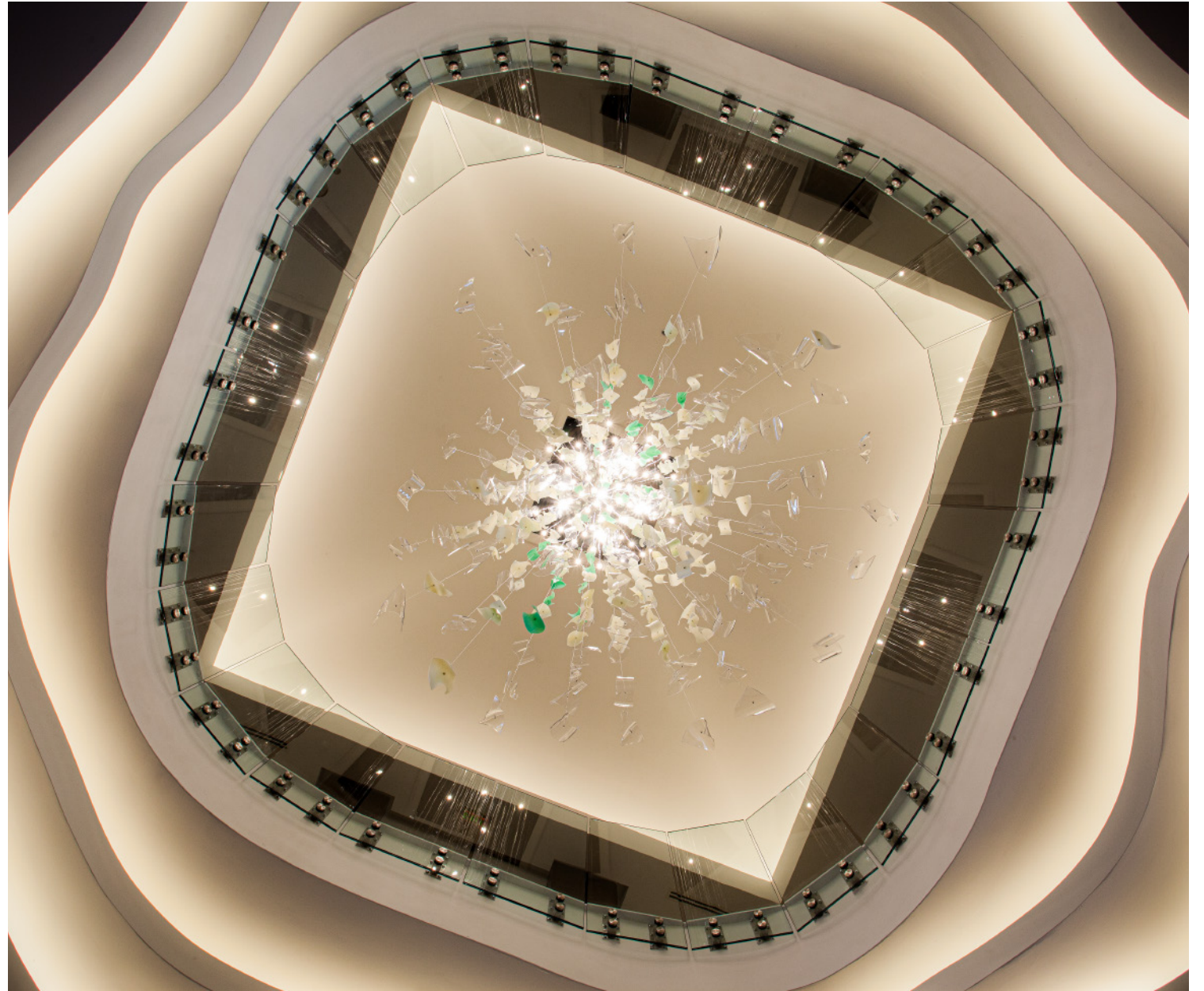
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## PRESELECTED SPA TREATMENTS

*All spa treatments have been designed with your group in mind. A pre selected menu allows participants to avoid confusion when designing their day in the spa.*

*Additionally, all proposed Spa treatments include an all day access to Spa by JW amenities. As part of our amenities, we offer a sauna, steam room, hot and cold plunge pool, yogurt stand with toppings, fresh fruit, coffee/tea station, as well as access to the JW Spa Outdoor Pool and Mineral Tub (for resort guests, the spa access fee is \$55).*

*The SPA BYJW provides bathrobes, sandals and all amenities to enhance the guest's experience. We suggest that Spa guests bring a bathing suit to enjoy our Outdoor Pool and Mineral Tub.*



# MASSAGE

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## TREATMENTS

*5 SENSES: Our signature massage uniquely balances both body and mind, while simultaneously integrating all five senses into the healing process. This treatment was designed exclusively by our team of therapists to deliver a truly unique spa experience. (100 minutes)*

*MARCO ISLAND CUSTOM MASSAGE: Have your say on pressure and pace and allow our talented therapists to tailor a personalized experience based on your needs. (50 or 100 minutes)*

*DEEP MUSCLE RELEASE MASSAGE: Enjoy a welcome sense of renewal for exhausted muscles from this intensely satisfying, powerful massage that reaches the deeper structures of the body. (50 or 100 minutes)*

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# FACIAL

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## TREATMENTS

*MARCO ISLAND CUSTOMIZED FACIAL: Allow our experienced skin care specialists to create a customized facial treatment designed for your skin type and based on your preferences, while using organic products. (50 minutes)*

*ANTI AGING: Recapture a youthful complexion through a precise combination of exceptional skin care, telomere technology, healing rose and plant stem cells proven to regenerate the skin. (50 minutes)*

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# NAIL CARE

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## TREATMENTS

*SPA MANICURE AND PEDICURE COMBINATION:*  
*A luxurious treatment that includes a calming arm and hand massage followed by an anti aging skin treatment using essential oils and hydrating lotions. (Please discuss with spa sales team for timing options).(100 minutes)*





# INTERACTIVE SPA ACTIVITIES

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## SIGNATURE INTERACTIVE EVENTS, WELLBEING OFFERINGS

### ORGANIC SCRUB BAR:

*Our most popular interactive event in which the Spa facilitates a crafted experience by mixing customized exfoliating scrubs for each guest.*

### AROMABLENDING BAR:

*Using pure essential oils, our team will create a signature aroma for each participant, while educating about how aromas affects the body and mind.*

### SELF-CARE MASSAGE CLASS:

*This class is designed to teach guests how to take better care of their bodies by using self massage techniques and specialized tools which will assist in relieving tension and increasing mobility.*



# SPA ACTIVITES

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## INTERACTIVE EVENTS, WELLBEING OFFERINGS

### *ACTIVITIES*

*Zen Den*

*Massage Garden*

*Organic Scrub Bar*

*Aromablending Bar*



# ORGANIC SCRUB BAR

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## CUSTOMIZED EXFOLIATING SCRUBS

*Our most popular interactive event in which the Spa facilitates a crafted experience by mixing customized exfoliating scrubs for each guest.*

*Our team will guide each guest through the crafting process using a variety of raw ingredients such as salts, sugars, herbs, essential oils, and fruits that can be used on the body, face or hands and feet.*

*A wonderful event that can be paired with group arrivals, registrations, breakfasts, lunches, or cocktail hours that can be hosted in any environment.*



# AROMABLENDING BAR

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## CUSTOMIZED AROMA FROM ESSENTIAL OILS

*Using pure essential oils, our team will create a signature aroma for each participant, while educating about how aromas affects the body and mind.*

*Customized aromas are curated for relaxation and awakening, as well as designed to help recall specific memories through our sense of smell.*

*Each guest will walk away with their specific aroma in a small 2mL bottle with roll on applicator to use throughout their day.*



## SELF-CARE MASSAGE CLASS

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### A WELLNESS ACTIVITY

*This class is designed to teach guests how to take better care of their bodies by using self massage techniques and specialized tools which will assist in relieving tension and increasing mobility.*

*We offer this class to our guests as a part of our growing® wellness initiative and each session is facilitated by the talented massage therapists from the SPA by JW Marco Island.*



## SLEEP CLASS

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### THE MOST RELAXING CLASS YOU WILL EVER TAKE

*Sleep is one of the most important things that you do on a regular basis. How well you sleep is incredibly important.*

*Many people have a hard time falling and staying asleep, in large part due to the stresses of daily life encroaching into their nighttime routine.*

*Our team of trained Yoga Nidra practitioners will facilitate your sleep class, designed to give you direction on achieving better sleep. We also discuss the science of sleep, and what happens to you mentally and physically when you don't sleep well.*

*Lie back, listen, and drift off...*



# MEETING BREAKS

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## THE MOST RELAXING BREAK YOU WILL EVER TAKE

**Meetings Break - 5,10, 15 min - \$125 | 30 min - \$200**  
*(5,10,15, or 30min) Keep your meeting attendees focused and ready to receive information by breaking up the meeting with movement, meditation, or stretching.*

- **Stretch Break-** *Stretching for your guests can help keep them focused and alleviate body posture discomfort.*
- **Meditation/Breathwork -** *Bringing your mind and breathing back in focus to keep the mind sharp.*
- **Movement/Exercise -** *Get their heart rate up and their circulation going with a brief cardio session for all levels of fitness participants.*

*All activities have an additional 25% service charge.*



# MASSAGE GARDEN

## SPA ANYWHERE

*The Spa will come to you...*

*Allow our team to create a wellness space in any area you decide. With state of the art luxury spa massage chairs, our team will come to the meeting spaces, the pools, or even the beach.*

*Using the newest technology in massage and their extensive skill set, our world class therapists will help your guests get into a refreshed state of mind during meetings, after meetings, or after their extensive travels to Paradise.*

*\*Additional culinary offerings (tea, organic juices or healthy bites) available upon request at an additional rate. Please inquire about our curated menu.*





# ZEN DEN

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## RELAXATION ZONE

*A space to get away...*

*Give your team a way to unplug from the work and reset their minds. This space is designed to provide a sanctuary to break away from the meetings, to recharge their minds, and refocus their thoughts for the upcoming meetings.*

*Moving Art cascades the wall with imagery that teleports your guests to a beautiful natural setting.*

*Comfortable Thai triangle cushions make relaxation easy, and delicious comforting hot tea provides the perfect companion to the experience.*



# GROUP FITNESS

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## CUSTOMIZED FITNESS OFFERINGS

*Beach Yoga*

*Yin Yoga*

*Spinning Classes*

*Beach Boot Camp*

*Meditation*

*Core Class*

*Pilates*

*Sound Bowl Meditation*



# SPA RETAIL GROUP AMENITIES

## PLATINUM

*Bundle Cost \$550*

*HyperVolt Massage Gun*

*Spa by JW Robe*

*CBD Yoga Balm*

*Coola Organic Travel Kit*

*Eucalyptus/lemongrass Shower Mist Spray 8oz*

*Spa by JW Logo Bag*

*Spa by JW Signature Lemongrass Candle*

*Pricing based on item, please speak with our spa sales team.*

*Items based on availability and subject to change.*

*Color options available in Spa by JW logo bags*

*Most Logo designs take 6-8 weeks to process.*



# SPA RETAIL GROUP AMENITIES

## GOLD

*Bundle Cost \$300*

*Spa by JW Bali Signature Scent Kit*

*Coola Signature Travel Kit*

*Eucalyptus/lemongrass Shower Mist Spray 4oz*

*CBD Travel Kit*

*Spa by JW Signature Lemongrass Candle*

*Spa by JW Logo Bag*

*Pricing based on item, please speak with our spa sales team.*

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# SPA RETAIL GROUP AMENITIES

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## SILVER

*Bundle Cost \$150*

*Pure Fiji Mini Discovery Bag*

*Eucalyptus/lemongrass Shower Mist Spray 4oz*

*Coola Classic Fragrance Free Sunscreen SPF 50*

*Coola Classic SPF Lip Balm*

*Spa by JW Signature Lemongrass Candle*

*Spa by JW Logo Beauty Bag*

*Pricing based on item, please speak with our spa sales team.*

*Items based on availability and subject to change.*

*Pure Fiji sets come in assorted scents.*

*Color options available in Spa by JW logo bags*

*Most Logo designs take 6-8 weeks to process.*



# SPA RETAIL GROUP AMENITIES

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## BEFORE YOU BEACH

*Bundle Cost \$100*

*Coola Fragrance Free SPF 50 Face Sunscreen*

*Scalp and Hair Mist SPF 30*

*Classic Coola Fragrance Free SPF 50 Sunscreen*

*Dilo Body Gel*

*Classic Coola Lip SPF 30*

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# SPA RETAIL GROUP AMENITIES

## AFTER YOU BEACH

Bundle Cost \$200

Travel Ready Coconut Oil

Pure Fiji After Sun Soothing Gel

Coola Lip Oil

Coola Radical Recovery

Pure Fiji Dilo Body Spray

Spa by JW Water Bottle

Spa by JW Cosmetic Bag

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## SPA RETAIL GROUP AMENITIES

*Spa by JW Tote Bag - \$70*

*Spa by JW Pouch - \$38*



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# SPA RETAIL GROUP AMENITIES

*TARA Detox Aroma Kit - \$55*

*Aroma-Infused Towelettes*

*Bath Soak & Scrub*

*Body & Massage Oil*

*Headache Relief Roll-On Remedy*

*Reusable travel-friendly canvas pouch*

*In the following aromas:*

*CALM*

*IMMUNE*

*RECOVER*

*REST*



*Pricing based on item, please speak with our spa sales team.*

*Items based on availability and subject to change.*

# TREATMENT PRICING

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## PRESELECTED GROUP SPA TREATMENTS

### *5 SENSES MASSAGE*

100 minutes \$390

### *MARCO ISLAND CUSTOM MASSAGE*

50 minutes \$200; 100 minutes \$380

### *DEEP MUSCLE RELEASE MASSAGE*

50 minutes \$205; 100 minutes \$385

### *MARCO ISLAND CUSTOM FACIAL*

50 minutes \$200

### *D.T.R.*

100 minutes \$400

### *SPA MANICURE AND PEDICURE*

100 minutes \$175

A 25% service charge will be added to all spa treatments.

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# ACTIVITIES PRICING

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## INTERACTIVE EVENTS, WELLBEING OFFERINGS

### **ZEN DEN**

*pricing starting at \$3000 per day*

### **MASSAGE GARDEN**

*pricing based per therapist, per hour, \$250 per hour*

### **ORGANIC SCRUB BAR**

*groups sizes from 20-200, \$25 per person*

### **AROMABLENDING BAR**

*groups sizes from 25-75, \$25 per person*

### **CLASSES (60 - MINUTES)**

*Yoga Nidra Sleep Class*

*Self-Care Massage Class*

*\$550 for a group of up to 30 guests,*

*\$100 for 31-74 guests.*

*For larger groups, please consult our spa sales team.*

*All activities have an additional 25% service charge. MM14514*



# GROUP FITNESS PRICING

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## CUSTOMIZED FITNESS OFFERINGS

*Beach Yoga*

*Yin Yoga*

*Spinning Classes*

*Beach Boot Camp*

*Meditation*

*Core Class*

*Pilates*

*Sound Bowl Meditation*

*\$550 for a group of up to 30 guests,  
\$1000 for 31-74 guests.*

*For larger groups, please consult our spa sales team.  
All activities have an additional 25% service charge. MM14514*





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